

IV International Congress of

Metabolic Surgery Lusíadas

New procedures and techniques
in metabolic surgery

June 30 - July 1 • 2022

Hospital Lusíadas
Amadora Auditorium

Limited seats

Híbrido format

Official languages:
Portuguese and English

program (day 1)

June 30, thursday

08h00/09h30 Session 1: Patient selection

President: Margarida Lobo Antunes

Moderator: Maria Manuel Costa

- The preoperative nutritional assessment of the superobese patient for bariatric surgery
Zélia Santos
- Beyond BMI: do we need new criteria to indicate metabolic surgery?
Octávio Viveiros
- Surgery in low BMI patients: exaggeration or realism?
Eduardo Costa
- Which is the good candidate for type 2 diabetes surgery?
Miguel Vasques
- Bariatric and metabolic surgery (BMS) in children and adolescents: when and how?
Margarida Lobo Antunes

09h30/10h30 Live surgery: OAGB Mario Musella

Commentators: Francesco Greco, Haris Khwaja, Ramon Vilallonga, Eduardo Costa, Carlos Vaz, Viorel Taranu

10h30/11h00 Coffee break

11h00/12h30 Session 2: New Technologies in metabolic surgery

President: Ângelo Ferreira

Moderator: Carlos Vaz

- ERAS and BMS, a postponed wedding?
Carina Rossoni
- ICG fluorescence imaging in metabolic surgery: a snapshot?
Catalin Copaescu
- The advantages of robotics in metabolic surgery
Ramon Vilallonga
- Anesthetic care, what is different?
Emanuel Almeida
- Endoscopic gastroplasty today
Miguel Afonso

12h30/13h00 Conference: The future of robotic surgery Nuno Figueiredo

13h00/13h30h Opening session

13h30/14h30 Lunch

14h30/15h00 Conference: The basic principles of revisional surgery António Torres

15h00/16h30 Live surgery: Conversion of Sleeve to RYGB/dOAGB

Bruno Dillemans

Commentators: António Torres, Catalin Copaescu, A. Sanchez Pernaute, Eduardo Costa, Francesco Greco, Octávio Viveiros

16h30/18h00 Round table 1: Revisional surgery – when and how ?

Moderator: Rui Ribeiro

Panel: Nasser Sakran, Bruno Dillemans; Haris Khwaja, Catalin Copaescu, Eduardo Costa, Miguel Afonso

- Basic principles of revision surgery; preparation and strategies, revision after weight regain, malnutrition, GERD, hypoglycemia

18h00/18h30 Conference: Physiological Responses After Bariatric Surgery – what do we know? Sjaak Pouwels

19h00 End of session

20h30 Congress dinner

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program (day 2)

July 1, Friday

08h00/09h30 Session 3: The importance of the multidisciplinary approach after metabolic surgery

President: Ramon Vilallonga

Moderator: Leonor Manaças

- Strategies for adherence to behavioral changes
Alexandra Rosa
- Depression after metabolic surgery: myth or reality?
António Lains
- The importance of physical exercise before and after metabolic surgery
Maria Manuel Pires
- Pharmacologic therapy in weight loss regain
Nádia Simas
- Revisional surgery: when and how?
Nasser Sakran

09h30/11h00 Live surgery: SADI-S A. Sanchez Pernaute

Comentators: Bruno Dillemans, Nasser Sakran, Ramon Vilallonga, Ângelo Ferreira, Francesco Greco, J. Guilherme Cardoso

11h00/11h30 Coffee break

11h30/13h00 Session 4: Mechanistic aspects of metabolic and bariatric surgery

President: Mario Musella

Moderator: Catalin Copaescu

- Surgical anatomy for bariatric surgery team
Ângelo Ferreira
- The importance of "restriction" for metabolic control
Carmen Maillo
- The importance of duodenal exclusion for metabolic control
Hugo Santos-Sousa
- The ileal stimulation is the main mechanism for metabolic surgery
Francesco Greco
- What is the role of microbiota?
Haris Khwaja

13h00/14h30 45th IBC Symposium (International Bariatric Club) by Mr. Haris Khwaja

- Welcome
Honorary Chair: Rui Ribeiro
Symposium Director: Haris Khwaja

• Keynote Session

Chair: Haris Khwaja

Moderators: Nasser Sakran, Carlos Vaz

• What are the features of the ideal metabolic surgery operation?

Ramon Vilallonga

• Metabolic surgery madness: are there safer & effective non-surgical strategies to manage severe obesity?

Ricardo Zorron

• Grand Debate "The laparoscopic minigastric bypass is the most effective metabolic operation"

Debate Chair: Catalin Copaescu

For: Mario Musella, Against: Bruno Dillemans

• Experts Discussion Session: Nash and Cirrhosis at the time of metabolic surgery (When to operate & when not to operate):

Chairs: Antonio Torres, Chetan Parmar

Pannel: Nasser Sakran, Sergio Santoro, Carlos Vaz, Imran Abbas, Francesco Greco, Ricardo Zorron, Gilberto Couto, Hugo Santos-Sousa

• Closing Remarks **Haris Khwaja**

14h30/15h30 Lunch

15h30/17h00 Live surgery: One Anastomosis Transit Bipartition/SASI (OATB / SASI) Rui Ribeiro

Comentators: A. Sanchez Pernaute, Sjaak Powels, Chetan Parmar, Carmen Maillo, John Preto, Sónia Vilaça

17h00/17h30 Video: Bowel transit bipartition by the inventor Sérgio Santoro

17h30/18h30 Round table 2: Metabolic surgery – When and how?

Moderator: John Preto

Pannel: Mario Musella, António Torres, Sjaak Powels, Sérgio Santoro, Chetan Parmar, J. Guilherme Cardoso, Fábio Viegas

- More important mechanisms of action, indications, pre-operative planification, which are the more adequate techniques, success criteria, when to reoperate

18h30/18h45 Conference: The future of metabolic surgery Mario Musella

18h45/19:00 Closing session: Awards, remarks and debriefing

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