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HEALTH & PERFORMANCE CONGRESS



IMPORTANT DEADLINES:

Abstract submission deadline: **July 31st, 2026** (23h59 WEST)

Authors registration deadline: **September 4th, 2026** (23h59 WEST)

ABSTRACT SUBMISSION GUIDELINES

ABSTRACTS

Submitted abstracts must follow the following structure:

Scientific reports: Introduction; Methods; Results; Discussion; Conclusions.

Clinical case reports: Introduction; Case presentation; Discussion; Conclusions.

Abstracts must be submitted exclusively online, should not exceed 400 words and cannot include images or tables.

Information regarding authors and affiliations cannot be included in the abstract text, under penalty of exclusion. Personal data is to be included in the specific section.

All abstracts submitted must be original works, not having been previously presented at congresses or published in scientific journals.

Abstracts must be submitted and presented at the conference in English. The Scientific Committee reserves the right to reject an abstract written in poor English.

Abstracts must be submitted online [here](#), until July 31st, 2026, 23h59 and the author must indicate the preferred type of abstract presentation, poster or oral communication. At least one of the authors must be duly registered until September 4th, 2026.

ABSTRACT SELECTION

The appreciation and selection of abstracts is the sole responsibility of the Scientific Committee, which will review, evaluate and select works for poster and oral communication, according to the scientific quality of its content and taking into account its originality, scientific and methodological rigor along with its practical implications.





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ORAL PRESENTATIONS

The Scientific Committee will select the abstracts for oral presentation. At least one of the authors must be registered for the congress.

POSTER PRESENTATIONS

The Scientific Committee will select the abstracts for poster presentation. Posters will be displayed during the entire event and individual formal presentation of each poster will be scheduled. At least one of the authors must be registered for the congress.

ABSTRACT SUBMISSION TOPICS

1. Sports Medicine
2. Sports Nursing
3. Sports Physiotherapy
4. Sports Science
5. Sports Nutrition
6. Sports Psychology
7. Other health or performance-related topics

For questions regarding the online submission process, please email secretariado@factorchave.pt.

